

# MIND CONTROL

IN  
THE

# UNITED STATES

*Steven Jacobson*

with an Introduction by Anthony C. Sutton

The exact contrary of what is generally believed is often the truth.

- Jean de La Bruyere (1645-1696)

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# 1. Introduction

The most effective way to protect yourself from subconscious manipulation is to be aware of how it works.

Steven Jacobson, author of *Mind Control in the United States*, is a film technician experienced in subliminal techniques used in the communication media.

Subliminal perception is a process, a deliberate process created by communications technicians, by which you receive and respond to information and instructions without being consciously aware of the instructions.

Scary? You bet your life it is. And as Jacobson details in this book it is happening in America today.

*Mind Control in the United States* is an introduction to the history and practice of subliminal communication. It outlines the principles of mental programming, i.e., that an initial distraction must be followed by repetitive commands, and it tells you how these ideas are implemented.

Further, the book tells you when and where it has been used. Jacobson's examples range from In Flight Motion Pictures, Inc. and its on-board films to general audience movies such as *Reefer Madness*, *The Exorcist*, and *My World Dies Screaming*. The effects on audiences are graphically described.

The case of the movie *The Exorcist* is specially interesting. William Peter Blatty, author of the book and producer of the movie, is a former CIA operative. Blatty had an extensive career in government psychological manipulations. One has to be pretty naive to argue there is no connection between Blatty's CIA career and his choice of communications techniques.

Similarly, subliminal techniques have been used on radio and television. Current research has moved heavily into extra sensory perception (ESP), the use of meditation, and marijuana to generate altered states of consciousness. Out-of-body experiences are apparently better documented as research has progressed far beyond general belief.

Just who is responsible for this intrusive experimentation with free individuals in a free society?

Author Jacobson presents example after example identifying the so-called Eastern Establishment, that coterie made up of the Council of Foreign Relations, the Bilderbergers, and other assorted elitists as the primary source. Even at the White House level, deception was practiced not only by that master deceiver, Richard Nixon, but also by Presidents Johnson, Carter, and Reagan. At the corporate level every large advertising agency has experimented with subliminal manipulation.

Finally, deception has been used to disguise the pervasive erosion of our constitutionally guaranteed freedoms.

Unfortunately for us, George Orwell's 1984 was right on schedule. What is alarming is that very, very few citizens realize that deception is already part of the social framework. We don't know that 1984 has already arrived because we have been conditioned not to know.

By the same means, the media has created a state of inner turmoil in citizens through portrayal of violence and chaos and irrational behavior. This inner state is reflected in the chaotic world outside.

What can you do? Hopefully this book will increase your sense of skepticism when it comes to the establishment and its representatives. Less obviously, you do have a duty to freedom to find the truth and spread the truth.

Mind Control in the United States will be invaluable in this task. At least you will know who tried to brainwash you and how they tried.

ANTHONY C. SUTTON  
California, 1985

## 2. Nineteen Eighty-Four

In the book 1984, George Orwell warns that people are in danger of losing their human qualities and freedom of mind without being aware of it while it is happening because of psychological engineering. We have learned to expect the Soviet Union and the People's Republic of China to use "mind control" on its citizens, but not the "free world." Nevertheless, the same techniques are being used in the United States. The most effective way to protect yourself from subconscious manipulation is by being aware of how it works. The techniques used to enslave the mind are the same used to free it.

## 3. Principles of Mental Programming

The most effective way to conquer a man is to capture his mind. Control a man's mind and you control his body. Most people don't pay conscious attention to the things that affect them subconsciously. They don't usually know what to look for. However, when pointed to, these things can be recognized and understood.

The principles of mind control, hypnotic suggestion and, mental programming are ancient (the term used doesn't matter, the principles remain

the same). The goal is to suspend the thought processes of the conscious mind to cause a state of mind that is just like "day dreaming." Stop conscious thought and the mind is in its most suggestible state and is more receptive to programming than at any other time. Therefore, the first principle of mind control is distraction. Distraction focuses the attention of the conscious mind on one or more of the five senses (sight, sound, touch, smell and taste) in order to program the subconscious mind.

All men do not think the same thoughts, but all men think with the same mechanism-the brain. One part of the brain works things out one step at a time just like a computer. This is the language-using left side of the brain which is also identified as the conscious mind. The tools of the conscious mind are words (spoken, written and thought) and pictures and sounds. The conscious mind discriminates, evaluates, accepts or rejects. Sometimes the more you think about a problem, the further you get from finding a solution to it. When this happens, you make decisions based on how you feel. "I didn't arrive at my understanding of the fundamental laws of the universe through my rational mind," said Albert Einstein.<sup>1</sup> The powers of intuition are the powers of the subconscious mind. The right side of the brain is the center of intuition, creativity, emotion.<sup>2</sup>

"Use the force, Luke. The force is an energyfield created by all living things. Trust your feelings, not the computer." The force in Star Wars is Hollywood's version of an ancient principle. Think of your subconscious mind as your link with "the force." Also think of your subconscious mind as your own personal energy source. Now imagine your conscious thoughts directing this energy source and drawing power from "the force." This is the relationship of the conscious mind to the subconscious. What the conscious mind believes, the subconscious acts on. It works like programming a computer. You feed information into a computer, and the computer acts on it. However, if the information you feed into the computer is wrong, it still acts on it! If you give yourself incorrect information or if others give you incorrect information, the memory banks of your subconscious mind do not correct the error but act on it!

When you stop conscious thinking and make your mind go blank, then your mind is in its most suggestible state. It is in this state of mind where you are the most receptive to mental programming. This state of mind is just like "day dreaming." Now remember the first principle behind mental programming. That principle is distraction. Distraction focuses the attention of the conscious mind on one or more of the five senses in order to program

the subconscious mind. The same principle applies to all illusion, magic and propaganda.

The second principle of mental programming is repetition. Distraction and repetition represent the learning process. Picture yourself studying in school. You are reading a book. Your eyes are focused on the page of the book. The words on the page are the conscious distraction for your eyes. The information you are reading is being programmed directly to your subconscious mind. You are not consciously analyzing the material you are reading until you look away from the page and think about it. It is at this point you have the opportunity to analyze the information you have just read and accept it as true or reject it as false. If you accept the information as true, it is programmed that way to your subconscious mind. If you reject the information as false, that is programmed to your subconscious mind. However, if you don't know if the information is true or not, a curious thing happens. Your trust in the source of the information determines whether or not you accept the information. If you do not believe that a book could contain information that was false (unintentionally or intentionally), then you would accept its information as true even if you weren't sure or didn't understand it. This is especially true in school where there is pressure to accept what is presented as true because that is what is expected and that determines your grade and your future. Repetition of the information imbeds it in your subconscious mind so that your acceptance of its truth (accuracy) becomes a conditioned response. You accept this information as true without thinking whenever it is presented to you again.

## 4. The Power of Music

Think back to a time when you have been saddened by a song. It may have brought a tear. You might have felt it in your stomach as a change in muscle tension. The power of music has been recognized throughout history. Plato and Aristotle believed that people could be controlled by music. It affects your body, your mind and your emotions. Sound causes



changes in your body chemistry, blood pressure, breathing and digestion. Even sound that you cannot hear affects you. Low frequency "infrasonic" sounds affect your internal organs and can cause headaches, nausea, dizziness and fatigue. Fast music will speed up the nervous system while slow music will slow it down. Your entire body is sensitive to sound. Sounds vibrate in different parts of the body. Low tones will vibrate in the lower parts of your body, and high tones will vibrate in the higher portions and on into the head.<sup>3</sup>

Sixties rock superstar Jimi Hendrix said: "You can hypnotize people with music, and when you get them at their weakest point you can preach into their subconscious whatever you want to say."<sup>4</sup> Much of today's popular rock music is built around a heavy bass pattern louder than the melody. These loud, low frequency vibrations and the driving beat of most rock music affect the pituitary gland. The pituitary gland produces hormones that control the sexual responses of males and females.<sup>5</sup> These low frequency vibrations vibrate in the lower parts of your body so that the music "feels" good.

It is important to note that the lyrics of many rock songs are not clearly distinguishable consciously. Now remember your subconscious mind hears all. Repetition of the message is mental programming. Research indicates that repeated hearings, whether sought out or not, yield acceptance and even liking.<sup>6</sup> When you do not hear the message clearly, you cannot make the conscious choice to accept or reject it. When you cannot make that choice or when that choice is taken away from you, the message is programmed directly to your subconscious mind without your knowing it, thus circumventing analysis and choice in accepting the content of the message. In time the effects of this kind of programming will appear. These effects can be physical, psychological and emotional. Most people don't pay conscious attention to the things that affect them subconsciously because they don't know what to look for. However, when pointed to, these things are recognized and understood.

It has been well-established by research that the subconscious mind is capable of reading mirror images, even upside-down mirror images.<sup>7</sup> This also applies to words spoken or sung backwards. This phenomenon is called backward masking.<sup>8</sup> The Beatles started using backward masking on their White Album with the song "Revolution Number Nine." The song repeatedly says, "number nine, number nine." Played backwards it becomes "turn me on, dead man."<sup>9</sup> Rumors swept the world, "Paul is Dead!" Material

on Paul's death was embedded in the Magical Mystery Tour album in the last few grooves of the song "Strawberry Fields." A low volume voice says, "I buried Paul."<sup>10</sup>

Two thousand years ago, Plato demanded strict censorship over popular music in his Utopian Republic.<sup>11</sup> In Nazi Germany, the government used music to create a state of mind in the German people.<sup>12</sup> In the Soviet Union, a state commission determines the kind of music to be heard. If music is such a powerful tool for control in the Soviet Union, it can be used in the same way in the United States and the rest of the world. Ayotollah Khomeini, leader of Iran, placed tight controls on music broadcasting and banned certain types of music as a threat to his rule.<sup>13</sup> In Orwell's 1984, music is tightly controlled because of its power to communicate and influence human behavior.

## 5. TV, Radio and Movies

Watching television often creates an altered state of consciousness, because the television screen, while appearing static, actually flickers. What causes you to go into an altered state? In hypnosis, it is actually body relaxation and a carefully patterned voice roll. The hypnotist speaks with a regular beat, as if matching his words to a metronome.<sup>14</sup> In fact, any repeating light or sound pattern can lead you into the hypnotic state of mind—a state of mind that is just like "day dreaming." This is an altered state of consciousness. Think of the times you have caught yourself staring blankly at the television screen, losing all sense of time and place. When you stop conscious thinking and your mind goes blank, then your mind is in its most suggestible state. It is in this state of mind where you are the most receptive to mental programming. Think of the many times you have seen flashing words in both local and national TV commercials. The flashing words are the conscious distraction for the eyes. While the eyes are being occupied, the message being spoken is programmed directly to your subconscious mind. Anything consciously perceived can be evaluated, criticized, discussed,

argued, and possibly rejected. Any information programmed subliminally to your subconscious mind meets no resistance. This subliminal information is stored in your brain with an identification that will trigger a delayed alarm clock-reaction capable of influencing your behavior.<sup>15</sup>

On June 22, 1956, the British Broadcasting Corporation experimented with projecting subliminal images on television. Pictures were flashed on the screen too quickly to be seen consciously, but they did make an impression on the subconscious.<sup>16</sup> Subliminal perception is the process whereby you receive and respond to visual and sound information without being aware of it.<sup>17</sup> The message, in the form of printed words, pictures or voices, is presented either so rapidly or so faintly that you are not consciously aware of having seen or heard anything.<sup>18</sup> The BBC experiment was followed by an experiment by the Canadian Broadcasting Corporation doing the same thing: projecting subliminal images.<sup>19</sup> Mexico's Televisa commercial TV and radio network has experimented extensively with subliminal broadcast techniques.<sup>20</sup> In the U.S., TV station WTWO in Bangor, Maine conducted an experiment in November, 1957.<sup>21</sup>

Experiments were not limited to television. In 1958, radio station WAAF in Chicago broadcast "subaudible" commercials. Seattle's KOL broadcast hardly audible taped messages "below" the music played by its disc jockeys. "How about a cup of coffee?" was one, and "Someone's at the door" was another. Marketing researcher and psychologist James Vicary tested subliminal ads in a New Jersey movie theatre. "Hungry? Eat Popcorn" and "Drink Coca-Cola" were flashed on the screen at 1/3000 of a second every five seconds during the movie. Sales increased for popcorn and Coca-Cola.<sup>22</sup> On December 8, 1972, The New York Times reported that In-Flight Motion Pictures, Inc. would begin selling subliminal commercials embedded in the movies they would distribute to all the major airlines.<sup>23</sup> Stores across the country are reducing theft an average 30 to 50 percent by broadcasting subliminal messages such as "I will not steal."<sup>24</sup> Stimutech, Inc. of East Lansing, Michigan markets a computer video system that flashes subliminal messages on your television while you watch the regular programming. The subliminal messages are prepared by a team of psychologists to change the thinking patterns and behavior of the viewer.<sup>25</sup>

Using what was called the Precon Process, the picture of a skull and the word BLOOD were flashed subliminally on the screen in the movie My World Dies Screaming. Some words and images trigger strong emotional responses in people. Laboratory experiments show that people will react to

words like BLOOD and to pictures of skulls with quickened pulse, faster breathing, sweating palms and other indications of heightened emotions.<sup>26</sup> The Exorcist used both subliminal sounds and pictures. A number of times during the movie, the face of Father Karras became a two-frame, full-screen death mask. Twenty-four frames of motion picture film are projected per second. The death mask flashed on the screen at 1/48 of a second.<sup>27</sup> The consciously unnoticed word PIG appears many time throughout the movie.<sup>28</sup> The terrified squealing of pigs being slaughtered was mixed subtly into the sound track.<sup>29</sup> The buzzing sound of angry, agitated bees wove in and out of scenes throughout the film.<sup>30</sup> People really did faint in large numbers, many more became nauseous in varying degrees, a great many more had disturbing nightmares.<sup>31</sup> It is interesting to note that William Peter Blatty, the author of the novel and producer of the movie, is a former CIA operative who served as the policy-branch chief of the Psychological Warfare Division of the U.S. Air Force.<sup>32</sup> According to previously classified documents, the CIA tested subliminal manipulation in movie theatres during the late 1950s.<sup>33</sup>

The Bruce Lee "Kung-Fu" movie Game of Death illustrates how easy it is to manipulate what the audience thinks. Bruce Lee is billed as the star, but an actor impersonates him throughout the movie. Selective camera angles attempt to hide this. Close-ups of Lee from other movies are used to give the impression that Lee himself appears throughout the story. The difference in the background of these close-ups and changes in color give away the technique. This movie was put togermer with skillful editing to lead up to the climactic fight sequences that were shot with Bruce Lee.

"The foundation of film art is editing," wrote Russian film director Pudovkin in the preface of the German edition of his book on film techniques. In an experiment at the Moscow Film School, Lev Kuleshov created me impression of a single actress by joining the face of one woman, the torso of another, the hands of another, the legs of yet another. An anonymous British film technician is quoted in a front-page article in the London Tribune , August 5, 1949 saying: "We claim that with judicious cutting and an adroit use of camera angles, it is simple to make a fool of anybody. We can distort the emphasis and meaning of Ministers' speeches not only by cutting out statements but by simple use of long shot, medium shot, and close-up. For any statement said in close-up is given greater significance on the screen than one said in long shot. There is no end to the tricks we can play with mis simple device."<sup>34</sup>

Some of the most spectacular footage of the San Francisco earthquake and fire in 1906 was faked. Newsreel companies often staged events. During the Mexican Revolution in 1914, they made arrangements with Pancho Villa to fight his battles in daylight and to wait until the cameras were in place before launching his attack. Much of the newsreel coverage of World War I was faked. Literary Digest printed an expose in its November 13, 1915 issue. The practice of faking scenes of celebrities by employing impersonators was frequently used by The March of Time screen magazine. Known instances of content manufacture, re-creation, personality impersonation are documented by Raymond Fielding in *The American Newsreel*.

On October 30, 1938 the planet earth was invaded by men from Mars. . . not really, but many people thought so.

THE NEW YORK TIMES, Monday, October 31, 1938:

A wave of mass hysteria seized thousands of radio listeners throughout the nation between 8:15 and 9:30 o'clock last night when a broadcast of a dramatization of H. G. Wells's fantasy, *The War of the Worlds*, led thousands to believe that an interplanetary conflict had started with invading Martians spreading wide death and destruction in New Jersey and New York.

"... we are ready to believe almost anything if it comes from a recognized authority," writes Howard Koch in his book *The Panic Broadcast*. Koch wrote the radio script performed by Orson Welles and his Mercury Theatre on CBS. Thousands fled from a crisis that had no existence except in their imaginations.

## 6. Hypnosis and "Reefer Madness"

The power of hypnosis is the power of suggestion. The power of suggestion is the power of belief. It is an act of faith. The conscious mind cannot be controlled by the suggestions of someone else when those suggestions are contrary to what you know from your own experience. But the subconscious mind is susceptible to control by suggestion.<sup>35</sup> The subconscious mind has absolute control of the functions, conditions, and sensations of the body. Perfect anesthesia can be produced by suggestion. Hundreds of cases are recorded where surgical operations have been performed without pain to patients under hypnosis. Symptoms of almost any disease can be induced in hypnotic subjects by suggestions. Partial or total paralysis can be produced; fever can be brought on, with all the attendant symptoms such as rapid pulse and high temperature.<sup>36</sup>

In 1936, a movie used hypnotic suggestion to give the audience instructions to do something. That movie was *Reefer Madness*. Shown widely on college campuses and at midnight screenings across the country since 1972, *Reefer Madness* uses sophisticated hypnotic techniques to both encourage marijuana use and promote anti-marijuana legislation.

Speaking to a PTA meeting, high school principal Dr. Carroll commands parents to stamp out this "assassin of our youth"-marijuana. When Dr. Carroll begins to speak, he raises a sheet of paper in front of him and reads certain "facts" from it. The white sheet of paper prominent in the middle of the screen is a distraction for the eyes to cause that state of mind that is just like "day dreaming" while information is programmed to the audience verbally. Dr. James Braid discovered that by placing a bright object before the eyes of the subject, and causing him to gaze upon it with persistent attention, he could be led into the hypnotic state of mind.<sup>37</sup> Dr. Carroll

delivers his lines with a hypnotic rhythm that is punctuated by changes in pacing, volume and tone (just like a hypnotist). Dr. Carroll speaks with authority. This happens to be a technique used in hypnosis. Authoritarian techniques, sometimes called paternal techniques, use a strong, commanding, dominating approach.<sup>38</sup> Dr. Carroll looks into the camera and into the eyes of the audience-another hypnotic technique. Picture yourself in a movie theatre, now imagine a huge face on the screen staring at you.

Other hypnotic techniques used in *Reefer Madness* include two-frame flashes in different places in the movie. These flash frames produce a corresponding wave in the brain. These flash frames "anchor" information from the sound track to your mind. These flash frames add emphasis to information on the sound track, making that information more important. Dr. Carroll slams his fist on the desk frequently to emphasize a point. This sudden burst of sound "anchors" information to your mind. The added sound cue makes the information important. There is even a scene with a swinging hypnotic pendulum!

The stated intent of *Reefer Madness* was to stamp out the menace of marijuana because it leads to "acts of shocking violence, ending often in incurable insanity." In contrast, young people are shown having a good time smoking marijuana, partying, dancing, kissing and retreating to the bedroom. By showing young people having a good time smoking marijuana, *Reefer Madness* encourages young people to at least try it. By confusing marijuana with heroin and by telling the story of normal kids going berserk because of marijuana, *Reefer Madness* scares older people into demanding that something be done. Why are there conflicting messages in the movie? Why was hypnosis used in this movie and with such a high level of sophistication? The answers are within the movie.

"You government men have got to find some way to put an end to it," demands Dr. Carroll. The government man replies: "Of course, I agree with you Dr. Carroll. But do you realize that marihuana is not like other forms of DOPE. You see, it grows wild in almost every state of the union. Therefore, there is practically no inter-state commerce in the drug. As a result, the government's hands are tied. And frankly, the only sure cure is a wide-spread campaign in education." Some words trigger strong emotional responses in people. The word DOPE is one of them. This word is emphasized on the sound track. Though we are told that marijuana is not like other forms of "dope," the association is established.

Harry Anslinger was the first U.S. Commissioner of Narcotics, a position he held for 32 years; and was U.S. Representative on the United Nations Commission on Narcotic Drugs. In his book *The Murderers*, he wrote about his campaign against marijuana: "By 1937, under my direction, the bureau launched two important steps: first, a legislative plan to seek from Congress a new law that would place marihuana and its distribution directly under federal control. Secondly, on radio and at major forums... I told of this evil weed of the fields and riverbeds and roadsides. I wrote articles for magazines; our agents gave hundreds of lectures to parents, educators, social and civic leaders. In network broadcasts I reported on the growing list of crime, including murder and rape."

One of the articles Harry Anslinger wrote appeared in the July 1937 issue of *The American Magazine* titled "Marihuana-Assassin of Youth." There are striking similarities between the content of this article and the content of the movie *Reefer Madness*. For example, from the article: "In 1931, the marijuana file of the United States Narcotic Bureau was less than two inches thick, while today the reports crowd many large cabinets." Now compare this to what appeared in the movie. Dr. Carroll is with the government man who says: "Let me show you something. In 1930, the records on marijuana in the Washington office of the Narcotics Division scarcely filled a small folder like this (less than two inches thick). Today, they fill cabinets." The camera shows us a wall lined with file cabinets.

In the book *Outsiders*, Howard S. Becker describes how the Federal Bureau of Narcotics under Harry Anslinger created the marijuana problem to cause the public to demand legislation.<sup>39</sup> A bill giving the federal government control over marijuana was introduced in Congress by Representative Robert L. Doughton of North Carolina, Chairman of the House Ways and Means Committee.<sup>40</sup> On August 2, 1937, Franklin Delano Roosevelt signed into law the Marijuana Tax Act, which became effective on October 1, 1937.<sup>41</sup>

The purpose of propaganda is to direct public attention to certain "facts." "The whole art consists in doing this so skillfully that everyone will be convinced that the fact is real," writes Adolf Hitler in *Mein Kampf*. He describes the principles of effective propaganda: it must be aimed at the emotions; it must be limited to a few points; it must repeat those points over and over again until the public believes it. To be effective, propaganda must constantly short-circuit all thought and decision. It must operate on the individual subconsciously.<sup>42</sup> The principles behind *The Big Lie* of propaganda are the same principles of mind control, hypnotic suggestion,



mental programming: distraction and repetition. With propaganda, distraction draws attention away from information that is true and directs attention to information that is false. Repetition of the false information imbeds it in your subconscious mind so that your acceptance of its truth becomes a conditioned response. You accept this information as true without thinking whenever it is presented to you again.

There is a vast amount of misinformation about marijuana, much of it originating in the 1930s with the so-called "educational campaign," of the Federal Bureau of Narcotics. Propaganda is not only meant to influence opinions and attitudes but also to cause action. Government propaganda "suggests" that public opinion demands what the government has already decided to do.<sup>43</sup> The official reasons given by the Federal Bureau of Narcotics for its opposition to the use of marijuana shifted completely during 1949-1950 from the claim that use of marijuana led to crime and violence to the claim that marijuana use led to heroin use.<sup>44</sup> When questioned by Congressman John Dingell of Michigan during testimony before the House Ways and Means Committee whether "the marijuana addict graduates into a heroin, an opium, or a cocaine user," Commissioner Anslinger replied: "No, Sir; I have not heard of a case of that kind."<sup>45</sup> However, in 1955, Anslinger appeared before a Senate subcommittee investigating the traffic in illicit drugs and testified that marijuana leads to heroin addiction.<sup>46</sup>

During Congressional hearings in 1937, Dr. W. C. Woodward, Legislative Counsel for the American Medical Association, pointed out that there was no competent primary evidence to support the claims against marijuana, only newspaper accounts about growing marijuana addiction and that marijuana causes crime.<sup>47</sup> These "news" accounts were "planted" by the Federal Bureau of Narcotics. Of seventeen articles condemning marijuana that appeared in popular magazines from July 1937 to June 1939, ten either acknowledged the help of the Bureau in furnishing facts and figures or gave evidence of having received help by using facts and figures that had appeared in Bureau publications or in testimony given during Congressional hearings. An indication of the Bureau's influence in these articles is found in repeated "atrocious" stories that were first reported by the Bureau.<sup>48</sup> These same stories appeared in *Reefer Madness*.

# 7. Information Control

By clever manipulation, people can be led to believe something that is not true when such information is carefully timed and presented by an accepted and respected authority. Information is processed by the brain in a very specific way. At the base of the brain, there is a "check valve" called the Reticular Activating System that screens information. What seems to happen is this: when new information is introduced, it is compared with previously acquired information and then catalogued. When the information is required, it is retrieved and brought into conscious awareness according to need. Now if there is no "file" for the piece of information, a file is begun and added to when related information is acquired. If you accept the information as true, it is catalogued that way. And if you reject the information as false, it is catalogued that way. However, if you don't know if the information is true or not, your trust in the source of information determines whether or not you accept it, even if you are not sure or don't understand it.

Secret knowledge is the basis of all power. Your source of information depends upon who you are and what position you hold in society. Your source of information determines the reliability of what you know. What you know and the reliability of what you know determines everything that happens to you. And information can be controlled. Words can inform or misinform. What people think can be controlled by controlling information. In Orwell's 1984, the primary means of oppression is the absolute control of information. All published material is constantly changed so that history fulfills the wishes and aims of the government. "Who controls the past," ran the Party slogan, "controls the future: who controls the present controls the past."

In the book *Brainwashing in the High Schools*, E. Merrill Root examines eleven American history textbooks used in the Evanston Township High

School in Evanston, Illinois from 1950 to 1952.<sup>49</sup> None of these textbooks makes it clear that the government of the United States is not a democracy but a republic. The Founding Fathers defined the form of government which they set up as a constitutional republic.<sup>50</sup> Not one of these textbooks lists the word "republic" in its index.<sup>51</sup> These textbooks interpret U.S. history primarily as a clash between rich and poor, haves and have-nots, "privileged" and "unprivileged," which is economic determinism, the essence of Marxism, where the triumph of "the common man" is progress towards a more perfect "people's democracy."<sup>52</sup> A trend shared by each of the textbooks reviewed was advocacy of a world government where global commitment is preferable to national interests, thus promoting world socialism and "big" government.<sup>53</sup>

The college textbook *Introductory Psychology* (second edition) by Jonathan L. Freedman, published by Addison-Wesley Publishing Company, contains information that is misleading, contradictory and false. This book uses the principles of mental programming to program the student to accept information that is not true. This text was used for "General Psychology" course 221 at the University of North Carolina at Greensboro, fall semester, 1982.

This book defines hypnosis as "A state of consciousness produced by entrusting oneself to another person, and characterized by heightened suggestibility, acceptance of distortion, selective attention and similar symptoms."<sup>54</sup> Part of this definition is true, the rest is misleading and false. First of all, it is not necessary to entrust yourself to another person to produce the hypnotic state of mind. Dr. James Braid demonstrated that the hypnotic state of mind could be produced by fixing your gaze upon a bright object.<sup>55</sup> In fact, any repeating light or sound pattern can lead you into that state of mind that is just like "day dreaming." There is selective attention and heightened suggestibility. There is "acceptance of distortion" only when distorted information is given and you don't know that it is distorted information. The word "symptoms" is usually used when referring to an illness or disorder. The hypnotic state of mind is a natural state of mind; it is neither an illness nor a disorder. This book ends its discussion of hypnosis saying: "Although there is little evidence that anyone has used hypnosis for evil or unpleasant purposes, the potential for such may exist."<sup>56</sup>

U.S. intelligence officer Charles McQuiston says that Sirhan Sirhan was hypnotically programmed to kill Robert Kennedy.<sup>57</sup> Dr. John W. Heisse,

Jr., president of the International Society of Stress Analysis, studied Sirhan's psychiatric charts and interviews. He believes that Sirhan was brainwashed under hypnosis: "Sirhan kept repeating certain phrases. This clearly revealed he had been programmed to put himself into a trance."<sup>58</sup> "It's very possible to distort and change somebody's mind through a number of hypnotic sessions," says Dr. Herbert Spiegel, a medical expert on hypnosis. "It can be described as brainwashing because the mind is cleared of its old emotions and values which are replaced by implanting other suggestions."<sup>59</sup> Behavior-modified agents, known as "zombies" in the intelligence community, are individuals who have been subconsciously programmed for a task.<sup>60</sup>

Here is what the second edition of Introductory Psychology says about brainwashing: "... some people who talk about brainwashing seem to believe that it involves extremely powerful methods that are almost irresistible. However, there is no evidence to suggest the existence of any such methods... in fact, the attempts at brainwashing that we know about were not especially successful."<sup>61</sup> It is interesting to note that, while more papers have been published on subliminal perception than on many other single topics in psychology, the space given the subject in most general textbooks is minimal to non-existent.<sup>62</sup>

"A general state education is a mere contrivance for molding people to be exactly like one another; and as the mold in which it casts them is that which pleases the predominant power in the government,... it establishes a despotism over the mind, leading by natural tendency to one over the body," said John Stuart Mills.<sup>63</sup> Education of the young is used to condition them to what comes later, thus eliminating the difference between propaganda and teaching.<sup>64</sup> Propaganda cannot work effectively without education. The mind is conditioned with vast amounts of information posing as "facts" and "knowledge" dispensed for ulterior motives.<sup>65</sup> The "educated" and "intellectuals" are the most vulnerable to propaganda because they absorb the largest amount of secondhand information and consider themselves to be "above" the effects of propaganda.<sup>66</sup>

The August 22, 1982 edition of the Winston-Salem Journal contains a story from the N.Y. Times News Service titled "Some Experts Doubt the Power of Subliminal Messages": Amid claims and counterclaims for the power and pervasiveness of subliminal techniques, little scientific evidence has accumulated to show that either exists... A number of psychologists are now challenging the very notion that people can be influenced in any way

by messages they cannot consciously see or hear." Remember that propaganda draws attention away from information that is true and directs attention to information that is false. Also remember that your trust in the source of your information determines whether or not you accept the information as true even if you are not sure or don't understand it. Thomas Jefferson said: "The man who never looks into a newspaper is better informed than he who reads them, inasmuch as he who knows nothing is nearer the truth than he whose mind is filled with falsehoods and errors."<sup>67</sup> The article ends by quoting Charles F. Adams speaking for the American Association of Advertising Agencies in 1981: "We are convinced that there is no subliminal advertising in America today."<sup>68</sup>

Every major advertising agency in North America has sponsored extensive research into subliminal perception.<sup>69</sup> Vance Packard's 1957 book *The Hidden Persuaders* revealed that American industry was researching the use of subliminal messages to motivate people to buy their products. Wilson Bryan Key has written three books exposing the widespread and sophisticated use of subliminal ads by the advertising industry.<sup>70</sup> Even children are exploited for profit. "When you sell a kid on your product, if he can't get it, he will throw himself on the floor, stamp his feet, and cry. You can't get a reaction like that out of an adult"<sup>71</sup> Research on children begins as early as ages two and three using the psychological techniques of finger sensors, eye-tracking and brainwave measurements.<sup>72</sup> U.S. advertising agencies have exported commercial subliminal techniques throughout Western Europe, the Far East, and Latin America.<sup>73</sup> It is interesting to note that J. Walter Thompson, the world's largest advertising agency, was the former employer of H. R. Haldeman and a half-dozen implicated Nixon White House aides during the Watergate scandal.<sup>74</sup>

## 8. Manipulation of Language

In Orwell's 1984, the manipulation of language is the key to controlling the people. In time, a new language is created so that the aims of the ruling

elite might best be served. "Newspeak" redefines words that at one time had universal meaning, making it more and more difficult and ultimately impossible for people to communicate thoughts not sanctioned by the government. Traditional definitions are eliminated while new meanings are repeated over and over again until accepted. Language is used to conceal truth and dignify absurdities. In addition to debasing language, the principle of "doublethink" is instituted. Doublethink is the ability to accept two contradictory beliefs, without perceiving it is illogical to do so. "In the end the Party would announce that two and two made five, and you would have to believe it. It was inevitable that they should make that claim sooner or later: the logic of their position demanded it."

The Vietnam War produced many examples of government Newspeak and doublethink. Bombing missions were called "protective reaction strikes," a refugee camp became a "new life hamlet," and the American invasion of Cambodia was termed an "incursion." During the Nixon administration, government Newspeak and doublethink were rampant. When White House press secretary Ron Ziegler contradicted statements made previously, he termed his former statements "inoperative." Criminal acts were committed under the guise of "national security" and "executive privilege." Nixon aides abused their power from an "excess of zeal." As in 1984, lies were the truth, the truth was a lie.<sup>75</sup> The February 11, 1984 edition of the Winston-Salem Journal contains a story from United Press International titled "State Department Strikes 'Killing' From Reports": "The word 'killing' has been stricken from State Department human rights reports. Officials explained yesterday that the government considers it more precise to say "unlawful or arbitrary deprivation of life."<sup>76</sup>

The January 1984 edition of Reader's Digest contains an article titled "1984 Is Here: Where is Big Brother?" "Many would have us believe that George Orwell's classic novel 1984 is in fact a portrait of present-day America. Nonsense!"<sup>77</sup> The December 10, 1983 edition of The Sentinel contains an article by Edwin M. Yoder, Jr. of the Washington Post Writers Group titled "1984—Fantasy Year Could Never Be Otherwise:" ... none of Orwell's imaginary nightmare materialized... the nightmare of total human conditioning remains but an ominous fantasy."<sup>78</sup> From 1984: "The Party told you to reject the evidence of your eyes and ears. It was their final, most essential command."

Common sense tells us that one must first gain the confidence and respect of people in order to deceive them. "We frequently have the illusion that we

are in complete control of ourselves and the contents of our minds and psyches; and it is this illusion that makes it possible for us to be manipulated all the more successfully."<sup>79</sup> Most people do not exercise their intelligence and critical faculties in evaluating the vast amount of information they are assaulted with. As a result, they abdicate their responsibility for what happens to them. However, responsibility cannot be discarded so easily and without a price to pay. "Those who expect to reap the blessings of freedom must, like men, undergo the fatigue of supporting it," wrote Thomas Paine.<sup>80</sup> Once freedom is lost, it is much harder to regain. History shows that when people do not take responsibility for their lives, there are those who will take it for them, and ultimately from them.

## 9. Monopoly of Mass Media

"The nearly complete monopoly of mass communications is generally agreed to be one of the most striking characteristics of totalitarian dictatorships," writes President Carter's National Security Adviser Zbigniew Brzezinski in his book *Totalitarian Dictatorship and Autocracy*. Brzezinski goes on to say that even though the government controls all the means of communication in a dictatorship, the government doesn't necessarily have to own all the means of communication.<sup>81</sup> Without mass media, there could be no effective propaganda. To make the coordination of propaganda possible, the media must be concentrated, the number of news agencies reduced, and press, publishing, radio, television and film monopolies established.<sup>82</sup> Only through concentration in a few hands of a large number of media can there be an orchestration and continuity to propaganda and the application of scientific methods to influence the public.<sup>83</sup> The campaign against marijuana that led to the Marijuana Tax Act illustrates such co-ordination of the media and psychological manipulation.

The motion picture industry is a prime example of the tendency toward concentration of ownership in the communications media. From its beginning, the film industry has been characterized by repeated attempts at

domination by a small number of companies that traditionally have tried either to exclude others from the business or to deprive competitors of resources.<sup>84</sup> Dominance in the American market is carried abroad by the major companies and has cultural, social and political consequences.<sup>85</sup> The desire for American goods in other countries was created by American films. After World War II, the film industry and the government worked together for world-wide distribution to create markets for American goods.<sup>86</sup> U.S.-made films account for half the box office receipts in France and more in England, West Germany and elsewhere. Eddie Murphy was "actor of the year" for the Paris daily *Le Matin*. Michael Jackson was top singer. European radios play up to eighty percent American music. Each week "Starsky et 'Utch" speak street Parisian to Huggy Bear. Magnum, the Harts and Charlie's Angels are only a few of Europe's television heroes. In Iceland, "Soap" was the top show of 1983. "We have colonized their subconscious," observes American novelist Paul Theroux.<sup>87</sup> Hypnotically programming large populations, especially in economically underdeveloped nations, educates the poor to want things that they cannot realistically have, causing anxiety and resentment directed not only to their government but to the United States as well. Many countries are rebelling against this cultural invasion by the American media. "At U.S. bases in Germany, people protest missiles while wearing Coca-Cola T-shirts," says Alfred Mechttersheimer of the Institute for Peace Politics near Munich.<sup>88</sup>

The 1940 Republican Presidential candidate Wendell L. Wilkie was chairman of the board of Twentieth Century-Fox Film Corp. in 1942.<sup>89</sup> William P. Rogers, Secretary of State during the Nixon administration, was on the board of directors of Twentieth Century-Fox before Denver oil tycoon Marvin Davis bought the film company for \$722 million in June 1981.<sup>90</sup> Former President Gerald R. Ford and Henry Kissinger have both been on the board of directors of Twentieth Century-Fox and they are currently consultants to the film company.<sup>91</sup> In 1982, Henry Kissinger became a consultant for ABC News and was a consultant for NBC in 1977.<sup>92</sup> Former Vice President Walter F. Mondale was a member of the board of directors of Columbia Pictures Industries before the Atlanta-based Coca-Cola Company bought Columbia Pictures in June 1982 for \$751.6 million.<sup>93</sup> And former Secretary of State Alexander M. Haig, Jr. is on the board of directors of MGM/UA Entertainment Company.<sup>94</sup>



# 10. Mental Programming and Mass Media

Motion pictures were an effective propaganda weapon during both world wars. German Chief of Staff Erich Ludendorff, writing in 1917, said: "The war has demonstrated the superiority of the photograph and the film as a means of information and persuasion."<sup>95</sup> Lenin considered the cinema the most important of the arts. "Molding the feeling and intelligence of the masses is one of our political problems and for this end we find the movies most effective," said Russian film director Sergei Eisenstein.<sup>96</sup> Art is a way of seeing and what we see in art defines what we understand to be "reality." The great political problem of the United States at the end of the nineteenth century was to find a way to assimilate the vast numbers of people who came from all the countries of Europe bringing with them their diverse traditions. The solution was psychological standardization. This was accomplished by creating the American way of life as portrayed by the "American Dream." This also served an economic function. Mass production requires mass consumption. There cannot be mass consumption without the majority of the population having identical views about what constitutes the necessities of life. Without psychological uniformity advertising and other forms of propaganda could not manipulate the public with certainty.<sup>97</sup>

D. W. Griffith's *The Birth of a Nation* exploded on the screen in 1915 and caused dissension in almost every city and community it played.<sup>98</sup> The radio broadcast of *The War of the Worlds* caused panic. *Reefer Madness* encouraged marijuana use and was part of a propaganda campaign that led to the Marijuana Tax Act. *The Warriors*, one of a number of "gang" movies, was followed by a rash of violence in cities across the nation.<sup>99</sup> Approximately twenty-eight people died playing Russian roulette in response to viewing *The Deer Hunter*. The press reported that John Hinkley, Jr. told his attorneys that the idea to assassinate President Ronald Wilson

Reagan came to him after he saw Taxi Driver.<sup>100</sup> A report released in 1982 by the National Institute of Mental Health said "violence on television does lead to aggressive behavior by children and teenagers who watch the programs."<sup>101</sup>

ABC Motion Pictures president Brandon Stoddard called *The Day After* the most important movie ever made.<sup>102</sup> One of the most talked-about programs in television history, *The Day After* graphically depicts the devastation of Lawrence, Kansas in a thermonuclear apocalypse, the agonies of survivors and the breakdown of society where law-abiding citizens emerge from the rubble to loot, rape and pillage, broadcast weeks before the scheduled deployment of American Pershing II missiles in Western Europe. Produced on videotape for realism, the made-for-TV movie *Special Bulletin* about terrorists exploding an atomic bomb in Charleston, South Carolina looks and sounds like a real news broadcast in every detail. Like the radio broadcast of *The War of the Worlds*, the cast of characters include the anchorperson(s), correspondents reporting from the field and outside "experts" brought in to comment on new developments. Despite disclaimers, the re-run of *Special Bulletin* prompted numerous calls to stations across the nation from people who wanted to know if it was real.<sup>103</sup>

The techniques of psychotherapy, widely practiced and accepted as a means of curing psychological disorders, are also methods of controlling people. They can be used systematically to influence attitudes and behavior.<sup>104</sup> Systematic desensitization is a method used to dissolve anxiety so that the patient (public) is no longer troubled by a specific fear, a fear of violence for example.<sup>105</sup> A progressively more graphic depiction of violence in the movies and on television desensitizes the viewer, especially young people, to real-life violence/People adapt to frightening circumstances if they are exposed to them enough. Implosive therapy serves the same purpose as desensitization. However, instead of gradually wearing down a specific fear, this method is designed to create an internal explosion (implosion) of anxiety, frightening the patient (public) as much as possible to "burn out" the object of fear.<sup>106</sup> Thus, *The Day After* and *Special Bulletin* could leave many viewers so numbed by a sense of hopelessness and helplessness that they could succumb to deep apathy with regard to anything that has to do with the prospect of nuclear confrontation.

For anyone who saw *Close Encounters of the Third Kind*, who can forget the five-position hand gesture used by the extra-terrestrial being in greeting the human contingent at the landing base and the emotions that welled

inside, a feeling of pride that we are somehow part of something that is much vaster than anything we have imagined. Communication depends heavily upon actions, postures, movements and expressions.<sup>107</sup> Think back to the times when you have had a conversation with someone and you had the "gut feeling" that you were being lied to. Words don't always communicate truthfully and there are things that communicate more than words. Meaning comes from the sound of someone's voice and "body language." There are many ways of "faking" body language to achieve an end. Authors of books on self-improvement and how to make friends and influence people are aware of the importance of body language and the importance of faking it properly to guarantee social success. Politicians have learned its importance and how to use it effectively. No matter what John Kennedy said, a few gestures and a correct posture captivated his audience.<sup>108</sup> Lyndon Johnson's arm motions were always too studied, too mannered. Nixon's gestures were so rigid and exaggerated that they lent themselves to a comic situation.<sup>109</sup> With his shirt sleeves rolled up, Jimmy Carter tried to show that he was at ease with ordinary people and said: "I will never lie to you; I will never mislead you." Contrary to the Carter image, one veteran speech writer left Carter's campaign: "The candidate and the campaign were the opposite of what they appeared to be."<sup>110</sup> NBC News reporter Roger Mudd made the observation that Senator Gary Hart seemed to imitate the late President Kennedy.<sup>111</sup> Rev. Jesse Jackson is an accomplished orator, speaking with an evangelistic tone, metaphor and rhyme. His hand gestures are deliberate and convey an emotional context to his words. It should not be forgotten that President Reagan has extensive training as an actor. Called "The Great Communicator" by the media, Ronald Reagan is a politician who is a "real" actor, a man who began his career by convincing radio audiences that he was at a sports event when in fact he was reading off a ticker-tape machine and inventing the details.<sup>112</sup>

Think for a moment about the way newscasters speak and you will realize that they all talk the same way regardless of their ethnic background. Whether they be black, white, hispanic or oriental, they all sound alike. "News-speak" has become a language pattern associated with the dissemination of true, factual information. Consider the laugh tracks that have become an integral part of TV comedies. They "educate" the audience to "respond" to what is "funny."<sup>113</sup> The audience has been programmed to associate a resonating low monotone voice with evil because of the evil behavior of movie and television characters with that vocal quality. Emotions can be stirred, attitudes and states of mind revealed by nuances of tone and variation in vocal quality. The camera can reveal the smallest

movement and the most subtle change of expression and give them significance and definition. Popular performers, past and present, are "role models" for the audience to admire and emulate, thus promoting a standard for behavior. The public has been programmed to accept stereotypes that categorize people and professions. All verbal and non-verbal communication has been identified, defined and reduced to a code that can be manipulated. Describing the incredible power of network television, Senator Gary Hart said: "It's a very frightening thing, if you think about it enough. A Hitler, a dictator, could rise in a matter of a few days with the proper use of TV. I think it could really happen."<sup>114</sup> It is possible to program an entire population to respond to certain words, images, vocal qualities, body movements, gestures and expressions with certainty. The result of such programming is a population that is highly suggestible, a population that can be manipulated with precision.

## 11. The Power of Money

Conspiracies to seize the power of government are as old as the institution of government.<sup>115</sup> "In politics, nothing happens by accident. If it happens, you can bet it was planned that way," said Franklin Delano Roosevelt.<sup>116</sup> During the past two centuries when the peoples of the world were gradually winning political freedom from monarchies, the major banking families of Europe and America were reversing the trend by forming new dynasties of political control through international financial alliances.<sup>117</sup> The goal was to create a world-wide system of financial control in order to dominate the economy of the world and the political system of each country.<sup>118</sup>

The United States is dominated by a hierarchy of wealthy families.<sup>119</sup> The control of private wealth is held by families and family alliances, reinforced by marriages among their members, that guide the banks and control the corporations.<sup>120</sup> Historically, government has been the servant of private wealth.<sup>121</sup> The first fortunes in the New World were political creations. Land and trading privileges were granted by the British and Dutch crowns upon

favored individuals and companies.<sup>122</sup> Every great fortune that came out of the nineteenth century was rooted in fraud. "In their absorbing passion for the accumulation of wealth, men were plundering the resources of the country like burglars looting a palace."<sup>123</sup> The public has been deluded about the material aims of a few and the very existence of those who rule the majority. Rule through money has been fashioned into the ultimate system for securing and maintaining power.<sup>124</sup>

Nineteenth century American author Edward Bellamy, concerned with the extent and consequences of man's inhumanity to man, describes how the "system" operates in *The Parable of The Water Tank*. There was a certain very dry land and the people needed water badly. They did nothing but look for water and many perished because they could not find any. There were, however, certain men in that land who were more cunning than the rest and they gathered supplies of water where others could find none, and these men were called capitalists. The people came unto the capitalists and begged for water and the capitalists answered: "Be ye our servants and ye shall have water," And so the capitalists organized the people and they made a great tank for the water, and the tank was called the Market. The capitalists said unto the people: "For every bucket of water that ye bring us, we will give you a penny, but for every bucket that we give unto you, ye shall give to us two pennies, and the difference shall be our profit, seeing that if it were not for this profit we would not do this thing for you and you would all perish." And after many days the water tank, which was the Market, did overflow and the capitalists said unto the people: "Bring us no more water till the tank be empty." But when the people received no more pennies from the capitalists, they could buy no more water. And when the capitalists saw that they had no more profit, they were troubled and said among themselves, "We must advertise." But the people had no pennies to buy the water and the situation was called a "crisis."

The thirst of the people was great, but the capitalists would not give of the water, saying "Business is business." But the capitalists were disturbed because the people bought no more water, and so they acquired no more profits. They then sent for the soothsayers to interpret this predicament. The soothsayers were men learned in dark savings, who joined themselves to the capitalists so that they would have water, and they spoke for the capitalists and did their bidding for them. The soothsayers said that the people bought no more water because of "overproduction" and others said it was because of "lack of confidence." The capitalists were comforted and they sent the soothsayers unto the people who saw the emptiness of their wisdom and did

mock them. The capitalists became fearful that the people would come upon the tank and take the water by force. And so they brought forth certain holy men who were false priests to testify to the people that this affliction was sent to them by God for the healing of their souls, and that if they would bear it in patience and lust not after the water, nor trouble the capitalists, it would come to pass that after they had given up the ghost they would come to a place where there would be no capitalists but an abundance of water.

When the capitalists saw that the people were still discontent and would not be still, neither for the words of the soothsayers nor of the false priests, they came forth themselves and wet their fingertips in the water that overflowed from the tank and they scattered the drops upon the people and the drops were called "charity." But still there was great unrest among the people. The capitalists sought out the mightiest and all who had skill in war and they became a defense unto the capitalists. And after many days the water was low in the tank, for the capitalists wasted the water for their pleasure. When the capitalists saw that the tank was empty, they said, "The crisis is ended." They hired the people to fill again the tank that was the Market, and gave the people a penny for each bucket the people brought and took two pennies for each bucket they did give unto the people.<sup>125</sup>

## 12. The Ruling Elite and "World Government"

Nineteenth century British Prime Minister Benjamin Disraeli commented that the world is governed by very different people from what is imagined by those who are not behind the scenes. Dr. Carroll Quigley who taught at Harvard and Princeton and at the Foreign Service School of Georgetown University wrote about this network of "insiders" who govern from behind the scenes in *Tragedy and Hope—a History of the World In Our Time*: "I know of the operations of this network because I have studied it for twenty years and was permitted for two years, in the early 1960s, to examine its

papers and secret instruments. I have objected, both in the past and recently, to a few of its policies (notably to its belief that England was an Atlantic rather than a European Power and must be allied, or even federated, with the United States and must remain isolated from Europe), but in general my chief difference of opinion is that it wishes to remain unknown, and I believe its role in history is significant enough to be known."<sup>126</sup>

Political and economic power in the United States is concentrated in the hands of a "ruling elite" that controls most U.S.-based multinational corporations, major communications media, the most influential foundations, major private universities and most public utilities.<sup>127</sup> Founded in 1921, the Council of Foreign Relations is the key link between the large corporations and the federal government.<sup>128</sup> It has been called a "school for statesmen" and "comes close to being an organ of what C. Wright Mills has called the Power Elite—a group of men, similar in interest and outlook shaping events from invulnerable positions behind the scenes."<sup>129</sup> The creation of the United Nations was a Council project, as well as the International Monetary Fund and the World Bank.<sup>130</sup> Council members include Henry Kissinger, Gerald R. Ford, Jimmy Carter, Walter Mondale, Alexander Haig, George Schultz, Casper Weinberger.<sup>131</sup>

Twelve Council members were part of President Lyndon B. Johnson's Senior Advisory Group on Vietnam.<sup>132</sup> President Richard M. Nixon appointed more than 110 Council members to key government positions during his administration.<sup>133</sup> The majority of major appointments to the State Department by President Jimmy Carter in 1977 were members of the Council.<sup>134</sup> Most CIA directors have been Council members, including Vice President George Bush and William Casey.<sup>135</sup> Nearly all major media in the U.S. have connections with the Council.<sup>136</sup> The president of the country's largest labor union, the AFL-CIO, Lane Kirkland is a member.<sup>137</sup> Membership includes a high concentration of corporate leaders from such companies as ITT, IBM and Standard Oil.<sup>138</sup> David Rockefeller has been a director of the Council since 1949 and chairman of the board since 1970.<sup>139</sup> The Council has been called "The Establishment," "the invisible government" and "the Rockefeller foreign office."<sup>140</sup> The goal of the Council is the establishment of a "World Government."<sup>141</sup>

Gold and diamond magnate Cecil Rhodes stated his commitment to the establishment of a World Government in his first will called the "Secret Society Will." His aim was clear: "The extension of British rule throughout the world." The secret society was called The Round Table, which worked

behind the scenes at the highest levels of the British government. They organized Round Table Groups in those nations under British dominion and in the United States. In New York, it was known as the Council on Foreign Relations.<sup>142</sup> The Chicago Tribune 's editorial on December 9, 1950 states: "The members of the council are persons of much more than average influence in their community. They have used the prestige that their wealth, their social position, and their education have given them to lead this country toward bankruptcy and military debacle. They should look at their hands. There is blood on them-the dried blood of the last war and the fresh blood of the present one."<sup>143</sup> Administrations, both Democrat and Republican, change, but the Council on Foreign Relations remains.<sup>144</sup> The "insiders" control both the Democrat and Republican parties.<sup>145</sup>

There is, on the international level, an organization similar to the Council. This group calls itself the Bilderbergers, created by former Nazi SS storm trooper Prince Bernhard of the Netherlands.<sup>146</sup> Called "the most exclusive club of the Western establishment," the Bilderberg Group includes some of the world's most powerful financiers, industrialists, statesmen and intellectuals, who meet each year for a conference on world affairs.<sup>147</sup> Those attending have included British Prime Minister Margaret Thatcher, West German leader Helmut Schmidt, France's Valery Giscard D'Estaing, Henry Kissinger, Gerald R. Ford, Walter Mondale and David Rockefeller.<sup>148</sup> The ultimate goal of the Bilderberg Group is the establishment of a World Government.<sup>149</sup>

A World Government has always been the objective of Communism. The Bolshevik Revolution of November 1917 was a turning point in world history. "The main purveyors of funds for the revolution, however, were neither the crackpot Russian millionaires nor the armed bandits of Lenin. The "real" money primarily came from certain British and American circles which for a long time past had lent their support to the Russian revolutionary cause," writes General Arsene de Goulevitch in *Czarism and the Revolution*.<sup>150</sup>

Some of the world's richest and most powerful men financed the Bolshevik Revolution, a movement that claims it will strip these very same men of their power and wealth, men like the Rothschilds, Rockefellers, Schiffs, Warburgs, Morgans, Harrimans and Milners.<sup>151</sup> In *Decline of the West*, Oswald Spengler wrote: "There is no proletarian, not even a Communist movement, that has not operated in the interests of money, in the direction indicated by money, and for the time being permitted by money-and that



without the idealists among its leaders having the slightest suspicion of the fact."<sup>152</sup> Describing events at the 1968 S.D.S national convention in *The Strawberry Statement: Notes of a College Revolutionary*, James Kunen says: "Also at the convention, men from Business International Roundtables—the meetings sponsored by Business International—tried to buy up a few radicals. These men are the world's leading industrialists and they convene to decide how our lives are going to go."<sup>153</sup>

The program of the Communist International of 1936 states that world dictatorship "can be established only by victory of socialism in different countries or groups of countries, after which the Proletariat Republics would unite on federal lines with those already in existence, and this system would expand...at length forming the world union of Soviet Socialist Republics."<sup>154</sup> Socialism means government ownership and/or control over the basic means of production and distribution of goods and services. State ownership and regulation of the entire economy means government control over everything. The evolution of economic history shows a straight line movement toward consolidation of wealth.<sup>155</sup> This evolution "flows from competition to combination, and from large combination to colossal combination, and it flows on to socialism, which is the most colossal combination of all."<sup>156</sup> Communism is totalitarian socialism. Communism is a movement created and manipulated by some of the world's most powerful and wealthy men in order to gain control over the world, first by establishing socialist governments in different countries and then consolidating them through a "Great Merger" into an all-powerful socialist dictatorship.<sup>157</sup>

John predicted that before the great epic of Millennial peace, humanity would be subjected to a ruthless, world-wide dictatorship which would attempt to make all men subservient to it or be killed (Revelation 13:15). He said that this dictatorship would compel men, "both small and great, rich and poor, free and bond," to be identified with it (Revelation 13:16). Unless a person be identified with its monopolistic control, "no man might buy and sell" (Revelation 13:17).

Founded in 1944 at a U.N. Monetary and Financial Conference at Bretton Woods, New Hampshire, the International Monetary Fund oversees the world economy. With its headquarters in Washington, the International Monetary Fund encourages financial cooperation between nations and lends money to governments which must comply with preconditions before the loans are granted. Dominated by Western nations, the International

Monetary Fund manipulates the economies of industrialized nations and the developing countries. British economist Lord John Maynard Keynes envisioned it as the central world bank that would issue currency and control the world economy. Founded in 1944 along with the International Monetary Fund, the World Bank lends billions of dollars for economic development projects in underdeveloped countries, which must first join the International Monetary Fund before becoming eligible for World Bank aid. The Trilateral Commission, conceived by David Rockefeller, consists of an elite group of prominent business, political and intellectual leaders from Western Europe, North America and Japan. Members have included Jimmy Carter, Walter Mondale and George Bush. The Commission, established in 1973, promotes central management of the global economy by the largest of the multinational corporations in order to bring about a new world order.<sup>158</sup>

Plato's Republic is the source book of all dictatorships. Plato's blueprint for a new society begins with breaking up the existing social structure by whatever means necessary, including force, in order to establish the "ideal" society. There would be three classes: the special ruling class, a powerful army and the working class. There would be slaves also, but slaves would not be considered citizens. Marriage would be eliminated. Women would be equal with men—equal to fight wars with men and perform labor like men. Sexual activity would be controlled and limited by the State. There would be selective breeding of children and children considered inferior or crippled would be destroyed. People would be induced to believe falsehoods taught as religious principles. Myths would convey important "truths" to young or untrained minds. Religious institutions would be regulated by a recognized national authority. Priests would have no authority over beliefs, but would be officials whose duty it would be to perform rituals. War would cease when all states are united in a world-state according to the principles prescribed by Plato. And Plato was prepared to place the control of the State in the hands of a single man.<sup>159</sup>

# 13. Education as Propaganda

All totalitarian movements are vitally concerned with the indoctrination of the young. Both Mussolini and Hitler organized youth before their rise to power.<sup>160</sup> Because of this, popular culture (movies, TV and music) is of great importance as is a general State education. Plato advised censorship of literature for schools and advocated control of poetry, music, painting, sculpture and architecture.<sup>161</sup> Dr. W. J. Spillman, former chief of the Federal Farm Management Bureau of the Department of Agriculture, stated in a letter to the New York Globe of March 28, 1919: "Nine years ago I was approached by an agent of Mr. Rockefeller with the statement that his object in establishing the General Education Board was to gain control of the educational institutions of the country so that all men employed in them might be "right."<sup>162</sup>

The General Education Board was organized in 1902 by John D. Rockefeller, founder of the Standard Oil Company.<sup>163</sup> The General Education Board was the first of the Rockefeller foundations and influenced the development of America's educational system.<sup>164</sup> The objective was stated by Rockefeller and Baptist minister Rev. Frederick Taylor Gates, the guiding force in many of Rockefeller's enterprises, in the first publication of the General Education Board, the "Occasional Paper No. 1," in 1904: "In our dreams we have limitless resources and the people yield themselves with perfect docility to our molding hands. The present educational conventions fade from our minds, and unhampered by tradition, we work our own good will upon a grateful and responsive rural folk. We shall not try to make these people or any of their children into philosophers or men of learning, or of science... The task we set before ourselves is very simple as well as a very beautiful one, to train these people as we find them to a perfectly ideal life just where they are. So we will organize our children into a community and teach them to do in a perfect way the things their fathers and mothers are doing in an imperfect way, in the homes, in the shop and on the farm."<sup>165</sup>

Education of the young is used to condition them to what comes later, thereby eliminating the difference between propaganda and education.<sup>166</sup> Propaganda cannot work effectively without education. The mind is conditioned with vast amounts of information posing as "facts" and "knowledge" dispensed for ulterior motives.<sup>167</sup> Remember the first principle behind mental programming: distraction. With propaganda, distraction focuses attention on information that is false. Repetition of the false information imbeds it in your subconscious mind so that your acceptance of its truth and accuracy becomes a conditioned response, circumventing analysis. Therefore, you accept this information as true without thinking about it. This is especially true in school where there is pressure to accept what is presented as true because that is what is expected of you. Remember that your trust in the source of information determines whether or not you accept it. What people think can be controlled by controlling information. People can be led to believe something that is not true when that information is presented by an accepted authority.

## 14. Communism

For years the message has been repeated over and over again that Communism is the enemy, that Communism seeks to conquer the world. This is a distraction to draw attention away from what has actually been happening. It is true that Communism seeks world domination, but this is not the whole story. Since 1917 the Soviet Union has openly and consistently advocated the overthrow of Western governments. However, Soviet economic development has been largely the result of Western technology from Western companies. This transfer of technology has been allowed and encouraged by Western governments, primarily the United States, Great Britain, Germany, France and Italy.<sup>168</sup> "The penetration of early Soviet industry by Western companies and individuals was remarkable," writes Antony C. Sutton in the three-volume history *Western Technology and Soviet Economic Development*.<sup>169</sup> In June 1944, W.

Averell Harriman, U.S. ambassador to the Soviet Union, reported to the State Department: "Stalin paid tribute to the assistance rendered by the United States to Soviet industry before and during the war. He said that about two-thirds of all large industrial enterprises in the Soviet Union had been built with United States help or technical assistance."<sup>170</sup> The Soviets have received Western technologies with military applications from 1917 to the present.<sup>171</sup> The major conclusion presented by Sutton in his research study is that "Western technology has been, and continues to be, the most important factor in Soviet economic development."<sup>172</sup> Soviet dependence on the West has escaped public attention primarily because of propaganda. Censorship and travel restrictions within the Soviet Union have been designed to hide the massive technological transfers from the West as the primary explanation for Soviet economic and military growth. The Soviet Union is a Frankenstein monster that has been created by the West.

The first edition of *The Communist Manifesto* was published in London in 1848. The first plank calls for the abolition of all private property. Owning your own home has become an eroding dream for many Americans. As interest rates rise, home sales decline. The percentage of Americans owning homes has fallen since 1980.<sup>173</sup> Home and farm foreclosures are a clear danger to growing numbers of Americans.<sup>174</sup> Family farms are rapidly becoming a thing of the past. More and more farmers are taking jobs off the farm, as the ownership of the means of production become more and more concentrated in industrialized "superfarms."<sup>175</sup> The second plank advocates a graduated or progressive income tax. On October 3, 1913, Congress enacted the first income tax under the sixteenth amendment to the Constitution, thus instituting the graduated income tax proposed by Karl Marx.<sup>176</sup> Earlier attempts to impose the graduated income tax were declared unconstitutional by the Supreme Court. In 1902 the Chief Justice stated: "It is a method to enslave our people, and deprive them of their liberty and right to the fruit of their labors."<sup>177</sup> The graduated income tax was designed to squeeze the middle class out of existence.<sup>178</sup> The fifth plank of *The Communist Manifesto*: "Centralization of credit in the hands of the State, by means of a national bank with State capital and an exclusive monopoly." On December 22, 1913 the Federal Reserve Act was passed. "When the President signs this act, the invisible government by the money power will be legalized," Congressman Charles A. Lindbergh, Sr. told Congress after the vote. The members of the Federal Reserve Board are appointed by the President for fourteen-year terms. The Federal Reserve controls the nation's money supply and interest rates, and thereby manipulates the entire economy-creating inflation or deflation, recession or boom, sending the stock market up or

down at whim. "From now on depressions will be scientifically created," commented Congressman Lindbergh. Congressman Louis McFadden, Chairman of the House Banking and Currency Committee, commented that the Crash of '29 was not an accident. It was a carefully engineered event. "The international bankers sought to bring about a condition of despair here so that they might emerge as the rulers of us all."<sup>179</sup> It is significant to note that all banking in the Soviet Union was not declared a State monopoly until December 14, 1917.<sup>180</sup> The sixth plank calls for the centralization of the means of communication in the hands of the State. Even though the government controls all the means of communication in a dictatorship, the government doesn't necessarily have to own all the means of communication.<sup>181</sup> A concentration of ownership in the mass communications industry exists in the United States.<sup>182</sup> Without mass media, there could be no effective propaganda. To make the co-ordination of propaganda possible, the media must be concentrated, the number of news agencies reduced, and press, publishing, radio, television and film monopolies established. Only through concentration in a few hands of a large number of media can there be an orchestration and continuity to propaganda and the application of scientific methods to influence public attitudes and behavior.<sup>183</sup>

The number of unmarried couples living together has more than tripled since 1970. More and more young adults are living with their parents.<sup>184</sup> The number of divorces in 1979 was nearly triple the number reported twenty years earlier.<sup>185</sup> For the first time in American history, white men are a minority in the nation's work force and the number of working women is steadily increasing.<sup>186</sup> The Communist Manifesto advocates the abolition of the family. Plato's blueprint for establishing the "ideal" State begins with breaking up the existing social order. This is being accomplished scientifically through the manipulation of the economy and the communications media. Movies, TV, and music are of great importance in molding young and untrained minds. In 1984, George Orwell predicted that the State would seek to control the sex drive, specifically by using psychological techniques to eliminate orgasm.<sup>187</sup> The rock video "Relax" by Frankie Goes to Hollywood, with pulsating light patterns as a visual distraction, presents a verbal program: "Relax. Don't do it, when you want to go to it. Relax. Don't do it, when you want to come." The lyrics are repeated over and over again to the pulsating beat of the music. Any repeating light or sound pattern can lead you into the hypnotic state of mind where you are the most receptive to mental programming. Many rock videos, TV programs and movies mix violence with sex. The Friday the

13th series of films about a maniac who chops up teenagers at a summer camp, shows young people, especially the women, being punished for having sex.<sup>188</sup> J. R. from "Dallas" and Alexis from "Dynasty" treat sex in the same way they treat business, as a way to satisfy themselves and get the better of someone else. Television, movies and music strongly shape the social attitudes of young people and breed disappointment in interpersonal relationships, encourage antagonism, suspicion and sometimes contempt between the sexes.<sup>189</sup> All of this is meant to facilitate the elimination of the family as proposed by Karl Marx and Plato in order to control people under a dictatorship. In 1984, personal relationships are replaced by political activism and devotion to the State.<sup>190</sup>

A report released in 1982 by the National Institute of Mental Health said "violence on television does lead to aggressive behavior by children and teenagers who watch the programs." According to the 1982 Nielson Report on Television, the typical high school graduate has witnessed about 150,000 violent acts on television, including an estimated 25,000 deaths.<sup>191</sup> Dr. Thomas Narut from the U.S. Naval Hospital at NATO headquarters in Naples has investigated the use of film to train servicemen who were not inclined to kill to be able to do so. Films were screened which showed people being maimed or killed violently to desensitize the men to such acts.<sup>192</sup> A progressively more graphic depiction of violence on television and in the movies desensitizes the viewer, especially young people, to real-life violence, and at the same time older people, becoming fearful, demand that something be done. Note that this is the same strategy used in the campaign against marijuana. Marijuana use is encouraged among young people, as in the Cheech and Chong movies, while older people are scared into demanding tougher legislation and penalties. Government propaganda directs public opinion to demand what the government has already decided to do. Movies, TV, and music often present violence as acceptable and sometimes laudable behavior. And older people are scared into demanding tougher legislation and penalties because of this very same behavior, bringing the country closer and closer to a police state legislated by law.

A University of Massachusetts study of crime programs on television reveals that law enforcement officers routinely break-and-enter illegally, fail to inform suspects of their rights, terrorize and coerce witnesses and commit bribery. Constitutional guarantees are regarded as bothersome "technicalities" that hinder the police in the performance of their duty. These programs erode public support for protections granted under the Bill of Rights. Professors Katsch and Arons, who conducted the study, say: "Police

shows seem to reduce the ordinary citizens' awareness of constitutional rights and responsibilities. Many people engrossed in the drama of rapid-fire action or preoccupied with violence fail even to notice blatant police-state tactics."<sup>193</sup> Metro-Dade County Police Lt. Pete Cuccarro quit as technical advisor of the TV detective series "Miami Vice." In the second episode, a homicide detective roughs up a suspect and two undercover officers allow an informant to use drugs in their presence. "To subliminally suggest that those things are OK is not acceptable," said Cuccarro.<sup>194</sup> Crime programs on television have the political effect of "softening up" public opinion.<sup>195</sup> Government propaganda directs public opinion to demand or at least docilely accept what the government has already decided to do. During its 1983-84 term, the Supreme Court significantly expanded police powers and governmental authority while curtailing individual rights, thus enacting into law principles much like those presented on TV crime shows.<sup>196</sup>

Thomas Jefferson believed that government governs best which governs least. The Founding Fathers considered that the primary purpose of government is to promote the happiness of society. The Framers of the Constitution adopted two basic guidelines to achieve society's happiness, safety, liberty and justice: First, power must not be allowed to concentrate either in individuals or institutions. Second, the ultimate power must reside with the people. All lawful government is founded on the consent of the people.<sup>197</sup> "One of the irreversible currents I have noted in thirty-four years of reporting is the hankering of our leaders to transform themselves from servants into sovereigns," writes columnist Jack Anderson.<sup>198</sup> James Madison said: "The accumulation of all powers, legislative, executive and judicial in the same hands, whether of one, a few, or many, and whether hereditary, self-appointed, or elective, may justly be pronounced the very definition of tyranny."<sup>199</sup> Recognizing that the primary threat to society was arbitrary, unrestrained, unaccountable power, the Framers of the Constitution sought to restrain government so that it could not restrain the liberties and rights of the people. Their device for this end was the separation of powers so that no segment of government could amass enough power to establish a dictatorship. However, the sovereignty of the people has disintegrated because the separation of powers has broken down.<sup>200</sup> Power has been steadily centralized in the executive branch of the federal government.<sup>201</sup>



# 15. The Bible and Fundamentalism

President Reagan signed a proclamation making 1983 the Year of the Bible. Speaking at the annual convention of the National Religious Broadcasters January 31, 1983, he stated that "Within the covers of that single Book are all the answers to all the problems that face us today, if we'd only look there."<sup>202</sup> Holding up a Bible, Rev. Jerry Falwell admonishes: "If a man stands by this book, vote for him. If he doesn't, don't."<sup>203</sup> Politics and religion are intertwined in the United States. The Bible has exerted an unrivaled influence on American culture, politics and social life. There was a time when Bible study was the core of public education. Americans publish more Bibles than any other people. Only in America is there a "Bible belt" with Bible camps, Bible colleges, Bible institutes and Bible bookstores. Our nation's battles have been religious crusades as preachers and politicians used the Bible to justify their causes. The history of the Bible in America is a history of conflicting interpretations. Both slave-owners and abolitionists cited the Bible for their cause, as did civil-rights marchers and segregationists in the 1960s.<sup>204</sup>

"The entire Bible from Genesis to Revelation is the inerrant word of God, and totally accurate in all respects," says Jerry Falwell.<sup>205</sup> Fundamentalists believe the Bible to be the ultimate authority in all matters, the "revealed, inspired, infallible and inerrant Word of God."<sup>206</sup> They spread the Word in accordance with the New Testament commandment: "Go ye into all the world and preach the gospel to every creature."<sup>207</sup> Religious programming on TV is flooding the airways.<sup>208</sup> One of the biggest forces in religious broadcasting is the Christian Broadcasting Network. It is the largest noncommercial broadcasting network in the world. "The 700 Club," hosted by CBN founder Pat Robertson, is seen around the world.<sup>209</sup> "The PTL

Club," hosted by Jim Bakker, is a talk show in a format similar to Johnny Carson's "Tonight Show." There is also Jerry Falwell's "Old-Time Gospel Hour," Jimmy Swaggart, James Robison, Kenneth Copeland and old-timers Oral Roberts, Billy Graham and Rex Humbard. The newest entry is the American Christian Television System of the Southern Baptist Convention.

TV evangelist Jimmy Swaggart has said: "Your mind is the gateway to your spirit. The mind is the place where the battleground is."<sup>210</sup> The fundamentalist movement demonstrates mastery of propaganda and mind control over its adherents and converts. Because of its sense of mission, the fundamentalist movement resembles past totalitarian movements by transforming political, economic and social issues into a Crusade. Its machinery for control consists of a highly-organized and well-funded political machine, a vast mass-communications network, an independent (Christian) education system, Bible studies, churches and missionary organizations. "They believe that they possess the ultimate truth which has been revealed through the Bible and that their interpretation of Scriptures constitutes the irrefutable will of God," said former Senator Frank Church of Idaho.<sup>211</sup> "We must be obedient to the Word of God," says Jerry Falwell. "Whatsoever He sayeth unto you, do! That's all there is to it!"<sup>212</sup> Repetition of verses from the Bible is a predominant part of the fundamentalist program and all thoughts, feelings and actions are checked against it. As a result, all actions of the "believers" can be controlled and directed with scientific precision because of their obedience to an unquestioned mental program prescribing the limits for all human behavior.<sup>213</sup>

## 16. Occult (Secret) Knowledge

Both the Old Testament and New Testament severely prohibit any examination and exploration of the occult.<sup>214</sup> Remember, secret knowledge is the basis of all power. Ancient religious cults reserved part of their

teachings for disclosure to a select few who were taught certain secret doctrines. Those initiated in the "mysteries" were committed to strict secrecy.<sup>215</sup> Ancient Egyptian mysteries were a key to complete knowledge. This knowledge was preserved in the "Hermetic" writings of the legendary Egyptian prophet Hermes Trismegistus describing the soul's journey upward through higher spheres. The Cabala, a Hebrew mysticism that evolved in France and Spain in the 12th and 13th centuries, conceives God as infinite Light from which Creation emanates through ten successive spheres called Sepiroth. Though man separated himself from Sepiroth long ago, their divine attributes remain active in him, and he may, through them, return to the source of Light.<sup>216</sup> The Hermetic-Cabalist view of life is the belief in man's power to tap the natural forces from higher spheres.<sup>217</sup> This is "the Force" in Star Wars. What was fundamental to all the mysteries, without exception, was the revelation of the true meaning of death.<sup>218</sup>

The doctrine of Salvation is fundamental to orthodox Christian tradition. The New Testament teaches that the Christian is saved by "grace," God's unmerited favor: "For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast (Ephesians 2:8,9). The Last Judgment is also a fundamental doctrine: "And as it is appointed unto men once to die, but after this the judgment: so Christ was once offered to bear the sins of man; and unto them that look for him shall he appear the second time without sin unto salvation" (Hebrews 9:27,28). The significance of these teachings is their absolute denial of the doctrine of karma where your deeds have an inescapable effect on your destiny in this life and in the next; and reincarnation where numerous cycles of birth and death are necessary as a program of experience and learning in the upward journey toward spiritual perfection and graduation from this particular plane of existence. Reincarnation was once a part of Biblical teaching, but was censored. The New Testament was not recorded until long after Jesus died.<sup>219</sup> Christianity became the official religion of the Roman Empire in the third century.<sup>220</sup> A number of differing gospels existed at the time of the Council of Nicea in A.D. 325 where the present Bible was decided upon. Those judged unacceptable were destroyed, only what was considered acceptable remained.<sup>221</sup> Any changes, deletions, additions made by Church councils or by the monarch King James would have a profound effect on the masses for the Bible could be used either to control or liberate them.<sup>222</sup> In its campaign against heresy, the Church destroyed most of the ancient literature by burning libraries.<sup>223</sup> What people think can be controlled by controlling information.

# 17. Parapsychology

Historically, parapsychology emerged from nineteenth century efforts to find scientific proof for life after death. Parapsychology includes the study of mind-to-mind communication (telepathy), the ability to perceive hidden objects and events (clairvoyance), and the ability to move objects by use of mental power alone (psychokinesis). Psychic studies were first organized in 1882 by the Society for Psychical Research in London, and an American society began three years later. First published in 1902, *Human Personality and its Survival of Bodily Death* by Frederic W. H. Myers has been called a classic in the field of psychical research. Myers gives evidence for survival of bodily death and communication with the "dead." From a vast number of case histories, he reported instances where sleeping people were seen somewhere else by other people, or their waking from dreams with previously unknown information. He cited occasions when the dead have been seen and described by people who had never seen them in life. He related cases of telepathic communication and "out-of-body" experiences. He concluded that there is something in the physical body that can leave it and this could be called the "soul" or "spirit."<sup>224</sup> Thomas Alva Edison, one of the greatest inventors in history, gave serious thought to creating a machine for communicating with the "dead."<sup>225</sup> Two different teams of researchers, one in the U.S. and the other in Germany, have both developed electronic devices that let them communicate with the dead. "This is undeniable proof that there is life after death," says Dr. Ernst Senkowski, professor of physics at the Technical College of Bingen, West Germany.<sup>226</sup>

In the CIA, the very word "parapsychology" is classified and any CIA report that mentions "psi," which refers to the whole range of phenomena, is automatically classified top secret or higher.<sup>227</sup> Many scientists believe that findings in parapsychology can be used to manipulate the minds of others.<sup>228</sup> In 1976, parapsychology research received direct support from CIA director George Bush.<sup>229</sup> Much of the current research on ESP involves out-

of-body experiences, especially remote viewing-the ability to leave one's physical body and visit distant places.<sup>230</sup> Congressman Charles Rose of North Carolina, a member of the House Select Committee on Intelligence, has attended classified demonstrations of remote viewing arranged by the CIA. "I've seen some incredible examples of remote viewing~so much so that we ought to pay close attention to developments in this field," says Congressman Rose.<sup>231</sup>

## 18. Drugs

Drugs, including LSD and marijuana ,have been tested alone and in combination with hypnosis on knowing and unknowing subjects by the CIA and other government intelligence agencies in order to find reliable ways to control the mind and human behavior.<sup>232</sup> Consciousness-altering drugs have been an important part of many religions for centuries.<sup>233</sup> In the Vedas, holy books written in India between 2000 and 1400 B.C., the god Siva is said to have brought marijuana from the Himalayas for man's benefit. A liquid preparation called "bhang" was described in the 10th century as the "food of the gods."<sup>234</sup> The peoples of Africa and the Indians of South America have used a variety of psychoactive drugs. The Incas of Peru chewed the leaves of the sacred coca plants.<sup>235</sup> The Indians of North America believed that the visions produced by the plant drugs were glimpses of a world on a different plane of reality, inhabited by spirits who provided useful information.<sup>236</sup> In every part of the world, almost all communities had their medicine men, witch doctors or shamans, selected primarily for their ability to communicate with the spirits. To visit the spirit world, the medicine man entered a state of trance, and this was frequently accomplished with the help of drugs. His function was to bring back useful information for his people.<sup>237</sup> Historical evidence links the use of certain plant drugs with the ability to practice divination. Travelers, missionaries and colonial administrators over the past century and a half have relayed in letters and memoirs countless stories of witch doctors accurately describing what was happening in distant places or correctly forecasting future events.<sup>238</sup> The

plant drugs are capable of liberating psychic abilities in certain individuals, and it is for this reason they come under attack by Church and State.

## 19. The Secret of Marijuana

Throughout history, marijuana has been used to treat dozens of different diseases and conditions.<sup>239</sup> Chinese Emperor Shen Nung classified it in the Herbal, an equivalent of the U.S. Pharmacopoeia as an important medicine at about 2730 B.C. and taught his people how to grow it.<sup>240</sup> In the 15th century in India, it was believed to have numerous medical virtues. Documents from the 1500's show that English herbalists were using it as medicine, as were folk healers in Poland, Russia and Lithuania. During the 17th and 18th centuries, there were more references to it in medical texts. Between 1839 and 1900, there were more than one hundred published studies of marijuana as a medicine.<sup>241</sup> Potential medical uses include controlling nausea and vomiting caused by cancer chemotherapy, treatment of glaucoma by reducing excessive pressure within the eye, management of muscular spasms, control of epileptic seizures, treatment of asthma by increasing the diameter of the air passages of the lungs, relief of pain, treatment of migraine, treatment of anorexia nervosa by stimulating the appetite, anti-anxiety and sleep-inducing effects, treatment of depression, treatment of alcoholism and opiate dependence, reduction of high blood pressure.<sup>242</sup>

The American Medical Association has maintained a position on marijuana closely allied to that of the Federal Bureau of Narcotics. The Journal of the American Medical Association disregards as "unscientific" any study that does not demonstrate marijuana to be a "menace."<sup>243</sup> In their 1967 statement, the Committee on Alcoholism and Drug Dependence of the American Medical Association began with the assertion that "cannabis (marijuana) has no known use in medical practice in most countries of the world, including the United States."<sup>244</sup> In 1937, members of the Committee on Legislative Activities of the American Medical Association wrote in protesting the impending Marijuana Tax Act: "There is positively no

evidence to indicate the abuse of cannabis as a medicinal agent or to show that its medicinal use is leading to the development of cannabis addiction."<sup>245</sup> In June 1980, the UNIMED Pharmaceutical Company applied to the Food and Drug Administration for approval to market THC, the active component of marijuana, under the trade name "Marinol."<sup>246</sup>

A major effect of the 1937 Marijuana Tax Act was to drive prices up for marijuana to make its cultivation and distribution profitable.<sup>247</sup> Where a plant drug can be exploited commercially, its use has been encouraged. The opium trade was encouraged by commercial interests in Western nations, particularly Great Britain. The League of Nations Opium Committee meeting in Geneva in 1925 was called "The Smugglers' Reunion."<sup>248</sup> Governments are the real drug pushers. Harassment and prosecution are reserved for those who enter the field without approval.<sup>249</sup> You will recall that secret knowledge is the basis of all power. Ruling elites arise and maintain their power through secret knowledge. Their power erodes as then-secret knowledge is transformed into scientific knowledge and disappears when it becomes common knowledge.<sup>250</sup> You know that information can be controlled. You know that people can be led to believe something that is not true, especially when that information is presented by an accepted and respected authority. People keep secrets and lie when they are afraid and have something to hide. Marijuana holds a secret Marijuana has a long history of ceremonial use in religion among the peoples of Africa, South America and India.<sup>251</sup> The Sufis, a mystical Islamic sect, continue to use marijuana in the traditional shamanist way to enter deeper levels of mind in order to gain access to useful information.<sup>252</sup> Marijuana serves as a guide to psychic areas of the mind which can then be re-entered without it.<sup>253</sup> This is the primary reason for the campaign against marijuana because the knowledge gained from its proper use challenges fundamental beliefs held by Western civilization and the power and authority of Church and State.

"Often beliefs that we hold are never called into question; when they are not, it is relatively easy for us to lose sight of why we hold them," says psychologist Elliot Aronson in *The Social Animal*.<sup>254</sup> Our beliefs are often based on something other than personal experience. Beliefs acquired during childhood indoctrination at home, school and church often masquerade as knowledge. Such indoctrination means that the individual takes on conclusions of others instead of arriving at his own. We tend to protect what we believe and unconsciously filter out information we don't want to receive. Most of us are programmed without being aware of it. A child learns that his needs will more likely be met if he conforms to what is

expected of him. Society and its institutions teach and reward conformity and obedience to authority. What this does is discourage the individual from developing the capacity to think for himself and it also discourages any serious challenge to authority.<sup>255</sup>

## 20. The Origin of Man

When Charles Darwin's *Origin of Species* was published in 1859, there was considerable opposition to the whole idea of evolution because it challenged the Biblical story of Creation. The controversy continues to this day. Evolution and Darwinism, however, do not mean the same thing even though they are often misunderstood as being the same. Evolution is a process of change. Evolution of life over a very long period of time is a fact based on evidence from geology, paleontology, molecular biology and other scientific disciplines. Darwinism, on the other hand, is a theory that tries to explain evolution, and despite many efforts, it has not been proved. Darwin believed that new species evolved out of existing ones, that fish evolved into amphibians, amphibians into reptiles, reptiles into birds, and ultimately man evolved from an ape-like ancestor as the result of gradually accumulated improvements. But fossils showing key transitions from one life form to another have never been found. The fossil record often reveals a pattern of evolutionary leaps rather than the gradual changes Darwin foresaw.<sup>256</sup>

The appearance of modern man on this planet was sudden.<sup>257</sup> Darwin and the evolutionists found no Missing Link between man and the ape because man is not the evolutionary culmination of the primates.<sup>258</sup> The origin of Man described in Genesis is an allegorical explanation of what happened. Allegory is a way to describe something that is profound in terms of something simple. It is a symbolic representation of fact; it is not the fact itself. A literal interpretation of the allegory makes the allegory more important than what it was meant to represent.<sup>259</sup> Fundamentalists make



this error. Both the Bible and evolutionists are incomplete in their explanation of Man's origin.

The name "Adam" is the Anglicized version of "Adamu," the Babylonian-Sumerian designation for "human species." Adamu meant man as a race. The nakedness of Adamu was their lacking physical bodies. Man arrived ! upon this planet in spirit form from another planetary system for what they could learn here. It was necessary for Man to experience a finite world and dwell within the confines of materials to know physical hmitations in order to appreciate the lack of limitation and the responsibilities it carries. They observed the evolving organic species. Creating physical bodies by the power of thought or by invading the bodies of animals, a group cohabited with the animal forms evolving upon this planet and taught those practices to others. The crossing of man's spirit with animals produced a race of hybrids. Animals and men became interchangeable. The Sphinx with a lion's body and human head is symbolic of this sequence in man's history. There were divine animals and beastly divinities. The 18th Chapter of Leviticus, verses 22-30 refers to this period of sodomic practices when man cohabited with animal forms. The Fall of the Angels referred to by theologians was Man's descent into flesh and the spiritual degeneration which resulted, making the process of reincarnation necessary so that man could work his way back to his original condition and proceed to greater heights of achievement.<sup>260</sup>

"Why think ye that flesh developed a mechanism of reasoning brain if not for high employment? If ye were rewarded in this single earthly life according to your just deserts, verily would flesh defeat its mortal purpose. I adjure you to remember that ye do sow what ye wouldst reap, ye do reap what ye have sown, not alone in one life but in countless other lives whose formings are but memories. Lives without number have ye led; Spirit goeth into flesh and Spirit cometh out Harken and I teach you as I spake unto the prophets: observe and be wise, for it behooveth you to know that others have trod the Path before you and would call to you now from the heights of their attainings. Man cometh and goeth in his flesh that he may learn lessons, verily of his flesh, verily of his Spirit. Did I not say unto men: Elias hath come already, and they understood me not, though I spake of John the Baptist? How spake I then of John the Baptist as Elias come again, if Spirit goeth not into flesh times and again, and cometh out times, and times and one more? Of this did I minister; of such did I instruct; But the spirits of men were perverse in that generation even as of yours; they did say, He speaketh to us of madness. Behold, I spake no madness: I spake in

the truth, but they feared the truth even as they did fear me who brought it to them, in that I brought it. Arise and be wise: put off the ragged garment of ignorance; know the secret of life's mystery." This is a condensed version of information contained in chapter 6 of *The Golden Scripts* published by Fellowship Press, Inc. of Noblesville, Indiana as recorded by William Dudley Pelley in the 1930s. Pelley investigated the principles of survival of the human spirit and cultivated his own psychic abilities. The body of work that came to be *The Golden Scripts* was dictated to him.

"Know ye, beloved, that in the beginning man had no image by physical body. Intellect was. Men were created Spirit by Spirit. Know ye that intellect sought flesh for a purpose. Spirit as spirit hath no identity; only after long experience on planes of matter doth spirit feel its essence. Thus cometh identity: through trial and through error, through life as mortal being. Man was divine from the beginning, a thought-force of the Father, knowing good and evil, creating no material thing without a loving purpose. I tell you, man was to rule as god over systems of planets one day to be within his control. Yet did man embrace his opportunity to make himself god of earth-creation without gaining to experience; thus did he fill the earth with his thought-forms. What think ye is the meaning of the Fable of Sodom? Having monsters by his making, he did have of them whoredoms; he did bring upon his species an appalling catastrophe. Thus correcteth he a wrong through his fleshly visitations, that by Overcoming the weaknesses and desires of his flesh, he cleanseth himself of mat which defiled him. Thus hath he known earth-life, aeon unto aeon, form unto form, body unto body."<sup>261</sup>

Man is a blend of indigenous ape-forms and the celestial beings who arrived upon this planet and adopted the primate organic body because of the greater dexterity possessed with the hand and thumb. They cohabited with me primate forms and the progeny was the first true man. The inheritance of animal traits still lingers in man, making so many spiritual beings beastly in their temperaments and behaviors. Only through much instruction and experience in all stations of human life could man win back his original standards of celestial intelligence. Inherent in man is much of his lost heritage, but he has been forbidden by Thought Forces superior to him to use it until he has reached that time when he is so spiritually balanced and developed that he can never again employ his knowledge malevolently or selfishly. That time is close at hand.<sup>262</sup> Ancient mystery religions taught that man had the power to tap the natural forces from higher spheres. This is *The Force* in *Star Wars*. A 1972 Defense Intelligence Agency study,

originally classified top secret but released in 1978, concludes that "the powers of the subconscious mind are vastly superior to those of the conscious."<sup>273</sup> Think of your subconscious mind as your link with The Force. Now imagine your conscious mind directing the power of the Force. "The unleashing of this force within you is a mighty torrent; it is a molecular energy of a speed and variation encompassed by no human brain in concept; it is Force Triumphant, striking him dead who hath not the power to use it aright."<sup>264</sup>

## 21. Powers of the Mind

The great secret possessed by the great men of all ages has been their ability to release the powers of their subconscious mind.<sup>265</sup> Your subconscious mind accepts as true whatever your conscious mind believes to be true. What the conscious mind believes, the subconscious acts on. It works like programming a computer. You feed information into a computer, and the computer acts on it. However, if the information you feed into the computer is wrong, it still acts on it! If you give yourself incorrect information or if others give you incorrect information, the memory banks of your subconscious mind do not correct me error but act on it! The conscious mind cannot be controlled by me suggestions of someone else when those suggestions are contrary to what you know from your own experience. But the subconscious mind is amenable to control by suggestion, by you and others. The subconscious mind can be manipulated without conscious awareness as evidenced by me phenomenon of subliminal perception. The most effective way to protect yourself from subconscious manipulation is to be aware of how it works. The techniques used to enslave the mind are the same used to free it. This amounts to re-programming me subconscious mind to break past conditioning and restore itself to its healthy functioning. To do this requires an understanding of the interaction between the conscious mind and the subconscious.

Meditation is a method of clearing the mind as preparation for a mental discipline of a much higher order. The principles behind meditation are the same as those for mental programming: distraction and repetition. Distraction focuses the attention of the conscious mind on one or more of the five senses in order to program the subconscious mind. Repetition of a mantra, a word or several words, or focusing your attention on something visual, real or imaginary, is the program. The tools of the conscious mind are words (spoken, written and thought) and pictures and sounds. The conscious mind discriminates, evaluates, accepts or rejects. The subconscious responds to the suggestions your conscious mind gives to it.<sup>266</sup> The power of suggestion is the power of belief. It is an act of faith. Jesus said: "According to your faith be it unto you" (Matthew 9:29). This is the foundation of all mental programming. "Whatsoever ye shall ask in prayer, believing, ye shall receive."<sup>267</sup>

Think back to the times when you have been upset and without thinking you automatically began to breathe in deeply and rapidly to calm down and get yourself back together. Now breathe in slowly and deeply and exhale in the same fashion, slowly and deeply. You are feeling more relaxed. Pantanjali, an Indian sage who codified the practice of yoga in the second century A.D., wrote that control of thoughts and emotions is linked to breath control. Modern scientists are proving what ancient philosophers often believed to be true: that breathing affects our mental, emotional, and physical well-being. Dr. Rudolph Ballentine of the Himalayan Institute, a yogic research center in Pennsylvania, says that "breathing is directly related in a very strategic way to the functioning of the internal organs, the emotions and the mind." Changing the way you breathe can change the way your brain works, giving you conscious control over your blood pressure, metabolism, emotions, brain waves and mind.<sup>268</sup>

Now go back to early childhood experience and see yourself as a tiny tot long before school age, even before you could speak, untouched and unspoiled by the adult world. Imagine yourself as a tiny tot romping around in the nature of the life of the outdoors, frolicing through the tall grass. As you enjoy the warmth of the sunlight pour down on your face, across your forehead, your cheeks, and your eyelids, drinking in this warmth as it penetrates your body with a beautiful, peaceful, comfortable, warm feeling within. Now breathe in slowly and deeply and exhale in the same fashion, slowly and deeply. As you gradually become aware of your healthy, rhythmic breathing pattern, as you breathe in slowly and deeply in the healthiest possible fashion, you slow down your body functions and your

mind because you're always in command, you're always in control over the healthy faculties of mind to maintain perfect health of mind and body. Thus you have choice and because you have choice, your intuitive level of your subconscious mind will only accept that which it finds perfectly comfortable and acceptable for perfect health of mind and body. Thus you will not allow any one thing or any one person or any one environment or part thereof to interfere with your choice and your desire for perfect health of mind and body. Thus you maintain complete communication between your conscious and subconscious mind to fulfill this health program and all these positive health goals that you are setting for yourself from this time forth.

## 22. Kali Yuga

In the book 1984, George Orwell warns that people are in danger of losing their freedom of mind without being aware of it while it is happening because of psychological engineering. 1984 is here! "These are the times that try men's souls. The summer soldier and the sunshine patriot will, in this crisis, shrink from the service of his country; but he that stands it now, deserves the love and thanks of man and woman. Tyranny, like hell, is not easily conquered; yet we have this consolation with us; that the harder the conflict, the more glorious the triumph. What we obtain too cheap, we esteem too lightly; 'tis dearness only that gives everything its value. Heaven knows how to put a proper price upon its goods; and it would be strange indeed, if so celestial an article as 'Freedom' should not be highly rated."<sup>269</sup> Your rebellious brother who sought to make the earth-creation his, continues to pursue that aim. Using the instruments of government, rule through money, art, education, organized religion, science and technology, he seeks to enslave his brother by shackling his mind, thereby attempting to subvert his brother's birthright of knowledge. To the Hindu and Buddhist we approach the end of a cycle, the Kali Yuga or Black Age, a time of turmoil, upheaval and destruction. Sacred in ancient Egypt, the phoenix, a legendary bird, rose anew from its own ashes after being consumed by fire. It is a

symbol of immortality and resurrection. The thousand-year reign of the Messiah, predicted by John, is near.

"Life hath decreed man to walk in darkness for a period of his days that he might attain unto godhood through endurance. Man hath come to a crossroads in his sojourn on this planet; he hath come up from beast to see majesties eternal; he attaineth unto his heritage. Now I tell you he approacheth a crisis. That crisis is of me. I have said that I am come unto men to show them the way to make a great peace; lo, they do not wish peace; their skill of manufacture would vent itself in war. Man hath found himself the tool of caprice in matters having material ends. These things shall be changed. I say unto man: Beware, thou art not the creature of caprice that is in thee. Behold thou art heavenly, destined for eternity. Man hath arrived at the ending of a cycle: he cometh to accounting: I speak unto him saying: Lest thou destroy thyself, I prohibit abomination of art and of science; I prohibit thee from taking forces that are beyond thine understanding and making them instruments for the destruction of thy species. I give unto you benefits and ye use them not wisely; lo, I withdraw them unless ye are circumspect. Improve thine own spirit lest benefits allotted thee be wrested from thy hand. Man hath made himself lord over matter and shaped it to his ends; lo, he hath not made himself god of his own spirit. I come unto him to tell him that unless he seeth the Light and useth it, he is beastly again, and goeth down and not up. The world is at a crossroads. Blunder ye no longer! give up thy caprices! give up thy intent ever to defraud thy fellows by making your havocs among them for gain. Live peaceably, I tell you: come into the heritage of thine inventions for the good of thy race and not for its injury; follow not thine own conceits but raise up a standard unto Him who is Lord. The Father hath desired that man should learn lessons. He hath given man his increase, now he saith unto man: Prove by your behavior that ye have come to the anointment, rise up and be cleanly that ye merit the treasure. The Father hath said that verily an increase cometh unto man, but only that he merit it."<sup>270</sup>

## 23. Conclusion

The world becomes increasingly more confused and chaotic as reason departs from men's thoughts and actions. The outside world duplicates the state of inner man. So long as there is a difference between what life is and what men think life should be, there will be conflict. And conflict is caused by what we think. The problems in the world are the result of men believing things that are not true. A man can live well only if he knows clearly what is the end of life, what things are of real value, and how they are to be attained. If a man thinks that the end of life is to gain wealth and power, all his actions will be misdirected. What we are, where we come from, and why we are here are basic life questions. How we resolve these questions steers the course of our lives and within these questions is the reason for our being here. Men resent that which departs from what they have learned from tradition, unless they make such a discovery for themselves from their own personal experience. For there to be a change in how men deal with one another, there must be a change within the individual first. Inner change brings about outward change. And change is caused by something happening—an event or a series of events.

An out-of-body experience is a natural phenomenon. Everyone has this experience while asleep, and often when awake without knowing it. The physical body is asleep and the conscious mind is totally aware of what is going on but from a different point of view. Think back to the times when you have been between that twilight state where you are not asleep but yet not fully awake. Sometimes while in this twilight state, you may have experienced the sensation of falling and awoke with a start and may have also experienced momentary dizziness. It is at this point where your spirit is re-aligning with your physical body. Private research has led to the development of a motion picture special effects process that uses the subliminal techniques described earlier and hypnotic suggestion to tap directly into the audience's nervous system to program the audience for the

sensation of physical and mental separation, an out-of-body experience, while fully conscious.

Both meditation and marijuana produce altered states of consciousness and physiological changes. They are both capable of liberating psychic abilities. Meditation, marijuana and deep breathing exercises are the keys to the kingdom. In the novel *Lost Horizon*, author James Hilton refers to the practice of "drug-taking and deep breathing exercises."<sup>271</sup> It is the reason for the longevity of the High Lama of Shangri-La. Artists often hide significant information in their work.<sup>272</sup> The motion picture *Dune* is another example. The spice Melange that expands consciousness, prolongs life and allows the Guild Navigators to "fold" space and slow time is a metaphor for marijuana. In time, the drug produces evolutionary change. A regimen of meditation, marijuana and deep breathing exercises will likewise lead to physical, emotional, psychological and mental change.

"I see no obvious impediments to humans giving rise to another species, one that is still more highly evolved," says paleontologist Dale Russell of the Canadian National Museum of Natural Sciences.<sup>273</sup> Scientists believe that man is still evolving.<sup>274</sup> The fossil record shows that large-scale transformations can happen abruptly.<sup>275</sup> Man approaches evolutionary change and the appearance of the New Man. "The most awesome and profound knowledge awaits us," says James Westphal, professor of planetary sciences at the California Institute of Technology, "and the most exciting will be those things we just haven't dreamed about yet."<sup>276</sup>

"In the beginning was the Word, and the Word was with God, and the Word was God" (John 1:1). The Word is THOUGHT. "All things were made by him; and without him was not anything made that was made" (John 1:3). The answer to the age-old riddle of which came first the chicken or the egg is—the idea came first, the thought. God is Thought Incarnate and Creation is a projection of that divine thought That wise and kind, old soul known in his last incarnation as Jesus communicated directly with the Father, Creator, Thought Incarnate. Thought was the source of his power and the means by which he performed miracles. "Verily, verily, I say unto you, He that believeth on me, the works I do shall he do also; and greater works than these shall he do."<sup>277</sup>



## 24. Postscript

In 1980, I was given the results of eleven years of private research investigating hypnosis. Experiments had been conducted with voice and language patterns as a means to induce different levels of the hypnotic state of mind. Language was used to create sounds by varying inflection and pacing to guide the listener from one altered state to another. This unfunded research resulted in the development of a mental programming tape that helps the listener identify different levels of mind, enter them at will and function in them for extended periods. This programming tape has been used under medical supervision to facilitate behavior modification, control pain and aid the treatment of various pulmonary diseases. I studied the tape and other materials which included books, notes, sound and music tapes. I conducted experiments and began what has become an adventure.

The first experiments were conducted with the programming tape and other music and sound tapes such as high and low frequency Tibetan bells, Hindu, Buddhist and Islamic meditative chanting. Though some experiments were conducted with volunteers and some experiments with sound were conducted on unknowing subjects, I experimented more and more on myself and made note of the effects. I experimented extensively with meditation and added to it a regimen of marijuana and deep breathing exercises, using marijuana in what I later learned to be the traditional shamanist way.

Unusual, paranormal events occurred and were observed with detachment and an open mind, revealing a different way of looking at the world. I looked at movies differently. I listened to sounds in a different way. I studied the movies that were being shown on 42nd Street in New York City and observed the reactions of a very vocal and responsive audience. I worked in the film industry for nearly thirteen years in a number of capacities but primarily as an editor. I studied film at Boston University, developed basic skills making sponsored films and worked in New York for more than seven

years, first for a documentary film company, then for a small independent theatrical production/distribution company and for a video company. I left New York to go further with the research, to study and to develop a movie project that would utilize the research findings. The special effects process that resulted utilizes sound and light patterns along with a subliminal mental program to cause the movie audience to experience physical and mental separation while fully conscious: an out-of-body experience. Support for such a project was not forthcoming which led to an investigation of the use of subliminal techniques in the communications media. Those findings are contained in this document. It is not intended to be complete, but representative of what is happening in America and around the world.

Along with the research materials, I was given a copy of *The Golden Scripts* and the twelve-volume *Soulcraft* books cited in the footnotes. *Soulcraft* is about the mystical history of Man, the cosmic principles of the universe, the deathlessness of the human soul and the program of repeat existence. I also received a copy of *The Occult Technology of Power* and Gary Allen's *None Dare Call It Conspiracy*. I began to study the conspiracy theory of history.

"... the world is governed by very different personages from what is imagined by those who are not behind the scenes," said Benjamin Disraeli. As Prime Minister of England, he was in the position to know. Secret knowledge is the basis for all power. The ruling elite are where they are because they know some things that the rest of the people do not know. They maintain their power so long as their secret knowledge is not disclosed to outsiders. Their greatest protection has been their ability to delude the public about their very existence, but they have not escaped detection. Many books have been written about them. The pieces of the puzzle are there to be fitted in place, revealing those who seek to enslave their brother.

What you know and the reliability for what you know determines everything that happens to you. Therefore, it is only in your best interest to seek and know Truth, no matter how unpleasant it may be. No real progress can be made by man as an individual or Man as a race unless it be built on the solid foundation of Truth and Justice.

A colossal drama, begun ages and ages ago, is approaching its climax. You are a vital part of this drama. Play your part with all the honor and dignity that befits your noble heritage. Seek Truth and Justice because it matters to

you and those who come after you. Let it not be said by future generations that lesser things were of greater value to you...

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